

Local Support

Essex County Council set up Essex Wellbeing Service who can assist with food deliveries for the vulnerable. The contact number is 0300 3039988.

Locally there is The Yellow Door project on Canvey which does have a food bank and are very good at signposting where help is available. Contact number 01268 683431.

In Benfleet there is CAVS (Castle Point Association of Volunteers) who operate Ways to Wellness. They were previously arranging food deliveries so may still be doing this and they also run a befriending service, via the telephone, if having someone to talk to would help with feeling isolated. Telephone number 01268 214000 or email wellness@cavsorg.uk

Wyvern Community Transport, also in Benfleet, have been delivering the food parcels originally from Yellow Door and now from the Salvation Army so would be a place for further information. They also have a befriending service and could arrange for someone to call for a chat over the telephone too. Their number is 01268 753513.

Morrisons also offer a doorstep delivery service to anyone self isolating or vulnerable which can be ordered by telephone on 0345 611 6111 and select option 5. They will deliver next day and although there is a charge for groceries the delivery is free.